

Monday	Tuesday	Wednesday	Thursday	Friday
<p>ENTREE (select 1)</p> <p>Traditional Menu (cafeteria)</p> <p>(1) Sausage or chicken biscuit (2) Cereal variety & toast</p> <p>Fast Break Menu (hallway kiosk)</p> <p>(1) Benefit bar (variety of flavors) (2) Fruit frudel (variety of flavors)</p>	<p>ENTREE (select 1)</p> <p>Traditional Menu (cafeteria)</p> <p>(1) Biscuit & gravy (2) Cereal variety & toast</p> <p>Fast Break Menu (hallway kiosk)</p> <p>(1) Benefit bar (variety of flavors) (2) Glazed donut ring</p>	<p>ENTREE (select 1)</p> <p>Traditional Menu (cafeteria)</p> <p>(1) Breakfast pizza (2) Soft bagel (3) Cereal variety & toast</p> <p>Fast Break Menu (hallway kiosk)</p> <p>(1) Benefit bar (variety of flavors) (2) Fruit frudel (variety of flavors)</p>	<p>ENTREE (select 1)</p> <p>Traditional Menu (cafeteria)</p> <p>(1) Biscuit & gravy (2) Cereal variety & toast</p> <p>Fast Break Menu (hallway kiosk)</p> <p>(1) Blueberry muffin (2) Glazed donut ring</p>	<p>ENTREE (select 1)</p> <p>Traditional Menu (cafeteria)</p> <p>(1) Dutch waffle (2) Cereal variety & toast</p> <p>Fast Break Menu (hallway kiosk)</p> <p>(1) Benefit bar (variety of flavors) (2) Maple mini pancakes (3) Dutch waffle</p>
<p>FRUIT</p> <p>Traditional (cafeteria) select 2 fruits or 1 fruit & 1 juice</p> <p>FastBreak (hallway kiosk) select 1 fresh fruit</p>	<p>FRUIT</p> <p>Traditional (cafeteria) select 2 fruits or 1 fruit & 1 juice</p> <p>FastBreak (hallway kiosk) select 1 fresh fruit</p>	<p>FRUIT</p> <p>Traditional (cafeteria) select 2 fruits or 1 fruit & 1 juice</p> <p>FastBreak (hallway kiosk) select 1 fresh fruit</p>	<p>FRUIT</p> <p>Traditional (cafeteria) select 2 fruits or 1 fruit & 1 juice</p> <p>FastBreak (hallway kiosk) select 1 fresh fruit</p>	<p>FRUIT</p> <p>Traditional (cafeteria) select 2 fruits or 1 fruit & 1 juice</p> <p>FastBreak (hallway kiosk) select 1 fresh fruit</p>
<p>MILK VARIETY select 1 (fat free) white, chocolate, or strawberry</p>	<p>MILK VARIETY select 1 (fat free) white, chocolate, or strawberry</p>	<p>MILK VARIETY select 1 (fat free) white, chocolate, or strawberry</p>	<p>MILK VARIETY select 1 (fat free) white, chocolate, or strawberry</p>	<p>MILK VARIETY select 1 (fat free) white, chocolate, or strawberry</p>



Giles County Public Schools
Elementary/Middle Breakfast Cycle Menu
Fall/Winter 2018-19

**TRADITIONAL MENU--served in
the cafeteria (7:30-8:15)**
**FAST BREAK MENU--grab & go
options for students to eat in
their first period classroom
(hallway kiosk 8:15-9:00)**

*Menus are subject to change.
Students are encouraged to pre-pay.*

"This institution is an equal opportunity provider."